

Glomerular Filtration Rate

Glomerular Filtration Rate (GFR) is a measure that your doctor uses to determine how well your kidneys' are filtering wastes. Blood and urine tests are needed to measure your GFR. Your GFR tells your stage of chronic

kidney disease. The lower the GFR number the worse the kidney function. There are important steps to take at each stage of kidney disease. Talk with your doctor about what you should be doing right now.

Stage of Chronic Kidney Disease	Description	GFR (mL/min/1.73m ²)	What you can do now
1	Kidney damage with normal elevated GFR	>90	Take your or medicine. Keep your blood pressure and blood sugar under control.
2	Kidney damage with mild decrease of GFR	60-89	Take your medicine. Keep your blood pressure and blood sugar under control.
3	Moderate decrease of GFR	30-59	Talk with your doctor about your diet and treating complications related to kidney disease.
4	Severe decrease of GFR	15-29	Learn about treatment options for kidney disease. Plan for dialysis access placement.
5	Kidney failure (dialysis or kidney transplant needed)	<15	Begin treatment according to your doctor's order.

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